

Institut für Sozial- und Präventivmedizin • ISPM

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Zusatzinformationen zum Seminar vom Donnerstag, 28. Oktober 2010, 16:00 Uhr



PD Dr. Pierre-André Michaud

P.-A. Michaud, MD, graduated in 1974 at the Medical Faculty of the Lausanne University. He got a six-years post-graduate training in family medicine (primary care), then specialized two years in Adolescent medicine as a fellow in Sainte Justine Hospital, Montreal. Back in Switzerland, he set-up a school health program for adolescents and remained in charge of the program for five years. He simultaneously opened a private practice with a heavy emphasis on adolescent medicine and health. In 1991, he created a research group specialized in adolescent health, located at the University Institute for Social and Preventive Medicine. In 1998, he left his private practice and became an Associate Professor in Adolescent Medicine and head of the Multidisciplinary Unit for Adolescent Head, a new health care facility linked with the Department of

Pediatric at the Lausanne University Hospital. In 2005, he has been appointed as full professor in Adolescent Medicine at the Faculty of Medicine and in 2007 Vice-Dean in charge of the teaching curriculum for medical students.

His research has focused on the epidemiology of health and lifestyles of adolescents, including areas such as sports and physical activity, eating disorders, sexuality, substance use and suicidal conducts. Recently, the research group has developed an interest in qualitative approaches and clinical studies focusing on chronic conditions. Over the years, he has developed a strong interest in the area of public health, preventive intervention and policies as applied to young people. He regularly works as a temporary adviser for the World Health Organization, UNFPA and UNICEF.

He is the principal author of textbook on Adolescent Medicine and Health (French), and has written several chapters of books and around 150 papers published in peer-reviewed journals. Since several years, he is heavily involved in the coordination of a European training curriculum in adolescent medicine and health (www.euteach.com).

Prevention & health promotion as applied to young people: what evidence do we have?

Adolescence is a period of life during which many individuals will adopt various behaviors which may have short and long term consequences on their health and well-being. This is why adolescence is often seen as a window of opportunity for preventive and health promotion interventions. The presentation will focus on how to select priority areas for interventions and why. It will then review some evidence-based preventive/promotion approaches, using a framework developed by the World Health Organization. It will conclude on the limits and challenges in the field, as well as some ethical issues raised by any prevention/promotion program as applied to young people.